

Part 3: Worship of Śiva & Śakti



Guru Nāmāvali

*** Perform abhiṣekam or prōkṣaṇam with a flower, or visualize internally it being performed, while reciting Guru Nāmāvali ***

5 ELEMENTS:

1	aiṁ hrīm śrīm	sadyōjātāya	namaḥ
2	aiṁ hrīm śrīm	brahmaṇē guru liṅgāya	namaḥ
3	aiṁ hrīm śrīm	mūlādhāra svāyaṁbhuvē	namaḥ
4	aiṁ hrīm śrīm	mahā gaṇapatayē	namaḥ
5	aiṁ hrīm śrīm	vāmadēvāya	namaḥ
6	aiṁ hrīm śrīm	nārāyaṇa guru siddhāya	namaḥ
7	aiṁ hrīm śrīm	svādhiṣṭhāna vāsinē	namaḥ
8	aiṁ hrīm śrīm	bāla subrahmaṇyāya	namaḥ
9	aiṁ hrīm śrīm	aghōrāya	namaḥ
10	aiṁ hrīm śrīm	rudrāya guru dēvāya	namaḥ
11	aiṁ hrīm śrīm	maṇipūrakāya	namaḥ
12	aiṁ hrīm śrīm	caṇḍīśvarāya	namaḥ
13	aiṁ hrīm śrīm	tatpuruṣāya	namaḥ
14	aiṁ hrīm śrīm	īśvarāya	namaḥ
15	aiṁ hrīm śrīm	vakṣaḥsthala vāsinē	namaḥ
16	aiṁ hrīm śrīm	śrīkrṣṇāya gōpīvālabhāya	namaḥ
17	aiṁ hrīm śrīm	īśānāya	namaḥ
18	aiṁ hrīm śrīm	digambarāya	namaḥ
19	aiṁ hrīm śrīm	viśuddhi cakrasthāya	namaḥ
20	aiṁ hrīm śrīm	dattātrēyāya	namaḥ

LIGHTS:

1	aiṁ hrīm śrīm	kāmāgni maṇḍalāya	namaḥ
2	aiṁ hrīm śrīm	sūryākṣi tējasē	namaḥ
3	aiṁ hrīm śrīm	candrāmṛta srāvāya	namaḥ
4	aiṁ hrīm śrīm	kāmakalā nāthāya	namaḥ

YÖGINĪS IN 9 ENCLOSURES OF ŚRĪ CAKRA:

1	aiṁ hrīm śrīm	prakaṭa yōginī nāthāya	namaḥ
2	aiṁ hrīm śrīm	gupta yōginī nāthāya	namaḥ
3	aiṁ hrīm śrīm	guptatara yōginī nāthāya	namaḥ
4	aiṁ hrīm śrīm	sampradāya yōginī nāthāya	namaḥ
5	aiṁ hrīm śrīm	kulōttirṇa yōginī nāthāya	namaḥ
6	aiṁ hrīm śrīm	nigarbha yōginī nāthāya	namaḥ
7	aiṁ hrīm śrīm	rahasya yōginī nāthāya	namaḥ
8	aiṁ hrīm śrīm	atirahasya yōginī nāthāya	namaḥ
9	aiṁ hrīm śrīm	parāparātirahasya yōginī nāthāya	namaḥ
10	aiṁ hrīm śrīm	sarvayōginī pīṭhārcakāya	namaḥ
11	aiṁ hrīm śrīm	sarva yōgābhiṣikta liṅgāya	namaḥ
12	aiṁ hrīm śrīm	śrī mahā maṇḍalādhipatayē	namaḥ

36 TATTVĀS:

1	aiṁ hrīm śrīm	prakṛti	liṅgāya	namaḥ	
2	aiṁ hrīm śrīm	ahaṅkāra	liṅgāya	namaḥ	
3	aiṁ hrīm śrīm	buddhi	liṅgāya	namaḥ	
4	aiṁ hrīm śrīm	manō	liṅgāya	namaḥ	
5	aiṁ hrīm śrīm	tvak	liṅgāya	namaḥ	skin
6	aiṁ hrīm śrīm	cakṣur	liṅgāya	namaḥ	eyes
7	aiṁ hrīm śrīm	śrōtra	liṅgāya	namaḥ	ears
8	aiṁ hrīm śrīm	jihvā	liṅgāya	namaḥ	tongue
9	aiṁ hrīm śrīm	ghrāṇa	liṅgāya	namaḥ	nose
10	aiṁ hrīm śrīm	vāk	liṅgāya	namaḥ	speech
11	aiṁ hrīm śrīm	pāṇi	liṅgāya	namaḥ	prehension
12	aiṁ hrīm śrīm	pāda	liṅgāya	namaḥ	movement
13	aiṁ hrīm śrīm	pāyu	liṅgāya	namaḥ	excretion
14	aiṁ hrīm śrīm	upastha	liṅgāya	namaḥ	reproduction
15	aiṁ hrīm śrīm	śabda	liṅgāya	namaḥ	sound
16	aiṁ hrīm śrīm	sparśa	liṅgāya	namaḥ	touch
17	aiṁ hrīm śrīm	rūpa	liṅgāya	namaḥ	sight
18	aiṁ hrīm śrīm	rasa	liṅgāya	namaḥ	taste
19	aiṁ hrīm śrīm	gandha	liṅgāya	namaḥ	smell
20	aiṁ hrīm śrīm	ākāśa	liṅgāya	namaḥ	ether

21	aiṁ hrīm śrīm	vāyu	liṅgāya	namaḥ	air
22	aiṁ hrīm śrīm	vahni	liṅgāya	namaḥ	
23	aiṁ hrīm śrīm	salila	liṅgāya	namaḥ	
24	aiṁ hrīm śrīm	bhūmi	liṅgāya	namaḥ	
25	aiṁ hrīm śrīm	māyā	liṅgāya	namaḥ	
26	aiṁ hrīm śrīm	kalā	liṅgāya	namaḥ	
27	aiṁ hrīm śrīm	avidyā	liṅgāya	namaḥ	
28	aiṁ hrīm śrīm	rāga	liṅgāya	namaḥ	
29	aiṁ hrīm śrīm	kāla	liṅgāya	namaḥ	
30	aiṁ hrīm śrīm	niyati	liṅgāya	namaḥ	
31	aiṁ hrīm śrīm	puruṣa	liṅgāya	namaḥ	
32	aiṁ hrīm śrīm	śiva	liṅgāya	namaḥ	
33	aiṁ hrīm śrīm	śakti	liṅgāya	namaḥ	
34	aiṁ hrīm śrīm	sadāśiva	liṅgāya	namaḥ	
35	aiṁ hrīm śrīm	īśvara	liṅgāya	namaḥ	
36	aiṁ hrīm śrīm	śuddha vidyā	liṅgāya	namaḥ	

MAHĀVĀKYĀ:

1	aiṁ hrīm śrīm	prājñānam brahma	liṅgāya	namaḥ	
2	aiṁ hrīm śrīm	ayam ātmā brahma	liṅgāya	namaḥ	
3	aiṁ hrīm śrīm	tat tvam asi	liṅgāya	namaḥ	
4	aiṁ hrīm śrīm	ahaṁ brahmāsmi	liṅgāya	namaḥ	
5	aiṁ hrīm śrīm	sōhaṁ	liṅgāya	namaḥ	

GURU MAṄḌALAS:

1	aiṁ hrīm śrīm	śrī guru	liṅgāya	namaḥ	
2	aiṁ hrīm śrīm	parama guru	liṅgāya	namaḥ	
3	aiṁ hrīm śrīm	paramēṣṭhi guru	liṅgāya	namaḥ	

NAVAGRAHĀS:

1	aiṁ hrīm śrīm	sūrya	maṅḍalādhipatayē	namaḥ	
2	aiṁ hrīm śrīm	sōma	maṅḍalādhipatayē	namaḥ	
3	aiṁ hrīm śrīm	kuja	maṅḍalādhipatayē	namaḥ	
4	aiṁ hrīm śrīm	saumya	maṅḍalādhipatayē	namaḥ	
5	aiṁ hrīm śrīm	guru	maṅḍalādhipatayē	namaḥ	
6	aiṁ hrīm śrīm	śukra	maṅḍalādhipatayē	namaḥ	

7	aiṁ hrīm śrīm	śanaīścara	maṇḍalādhipatayē	namaḥ
8	aiṁ hrīm śrīm	rāhu	maṇḍalādhipatayē	namaḥ
9	aiṁ hrīm śrīm	kētu	maṇḍalādhipatayē	namaḥ
10	aiṁ hrīm śrīm	nakṣatra	maṇḍalādhipatayē	namaḥ

AṢṬA LOKA PĀLAKAS:

1	aiṁ hrīm śrīm	indrāya	namaḥ
2	aiṁ hrīm śrīm	agnayē	namaḥ
3	aiṁ hrīm śrīm	yamāya	namaḥ
4	aiṁ hrīm śrīm	nirṛtāyē	namaḥ
5	aiṁ hrīm śrīm	varuṇāya	namaḥ
6	aiṁ hrīm śrīm	vāyavē	namaḥ
7	aiṁ hrīm śrīm	kubērāya	namaḥ
8	aiṁ hrīm śrīm	īśānāya	namaḥ

SAMPRADĀYAS:

1	aiṁ hrīm śrīm	samayācāra nidhayē	namaḥ
2	aiṁ hrīm śrīm	kaulācāra nidhayē	namaḥ
3	aiṁ hrīm śrīm	sarvāmnāyādhi-dēvāya	namaḥ
4	aiṁ hrīm śrīm	ṣaḍādhāra sēvitaya	namaḥ
5	aiṁ hrīm śrīm	śrī rājarājēsvari priyāya	namaḥ
6	aiṁ hrīm śrīm	śrī cakra priya bindu tarpaṇa priyāya	namaḥ
7	aiṁ hrīm śrīm	śrī rahoyāgārcitāya	namaḥ
8	aiṁ hrīm śrīm	śrī mahā rudrābhiṣikta liṅgāya	namaḥ
9	aiṁ hrīm śrīm	śrī mōkṣa sāmrajya siddhidāya	namaḥ
10	aiṁ hrīm śrīm	śrī dēvīpura nivāsāya	namaḥ

PAÑCA UPACĀRA PŪJĀ:

1	laṁ	gandham	parikalpayāmi	sandalwood paste
2	haṁ	puṣpaiḥ	pūjāyāmi	flowers
3	yaṁ	dhūpam	āghrāpayāmi	incense
4	raṁ	dīpam	darśayāmi	light
5	vaṁ	naivēdyam	nivēdayāmi	naivēdyam
6	saṁ	karpūra nīrajana dipam	darśayāmi	flame